



Schmieding Certified Home Caregiver Training

COURSE DESCRIPTION

Home Care Assistant (HCA)

Training: 50 hours

Prerequisite: Elder Pal and Personal Care Assistant Courses

Home Care Assistants (HCAs) provide “hands-on” care for individuals who need **moderate to maximum assistance**. In addition to EP and PCA skills, they can perform uncomplicated procedures under the direction of a medical professional while in the home setting.

At the completion of this course, students are eligible to challenge the written test and a skill competency test for state certification. Students who successfully complete the examinations will be issued a state certificate.

Home Care Assistants (HCA) have received classroom instruction in the following:

Alternate Methods of Feeding	Meal Service
Anatomy and Physiology	Medical Terminology
Bowel Elimination:	Oral Hygiene for the Unconscious Individual
Normal Bowel Movements	Postmortem Care
Colostomy	Restorative Care:
Ileostomy	Review Range of Motion Exercises
Fecal Impaction	Review Bowel and Bladder Training
Prepackaged Enema	Restraints
Cognitive/Behavior Improvements	Rights and Responsibilities
Common Abbreviations	Social/Cognitive/Behavior Issues
Ethical and Legal Issues	Specimen Collection:
Goals of the Long Term Care Facility	Routine Urine Specimen
Infection Control	Routine Stool Specimen
Maintaining a Clean, Safe, Healthy Environment	Transfer from Bed to Stretcher
	Use of the Mechanical Lift

The Home Care Assistant (HCA) has shown ability to perform the following skills through return demonstration:

Blood Pressure--Lying Down or Sitting Up	Postmortem Care
Giving a Commercial Enema	Pulse-Apical
Measuring Output With and Without a Catheter	Stool Specimen Collection
Measuring Height	Temperature—Rectal
Use of Wheelchairs	Use of Restraints
Routine Urine Specimen Collection	Using a Mechanical Lift
	Measuring Weight
	Oral Hygiene for the Unconscious Client