



SCHMIEDING CENTER
for Senior Health and Education
of Northwest Arkansas

The University of Arkansas for Medical Sciences • Donald W. Reynolds Institute on Aging • AHEC– Northwest • Northwest Health System

Training Schedule 2009

Legend

- Elder Pal (EP) Daytime Classes 5 Days
- Personal Care Assistant (PCA) Daytime Classes 5 Days
- Home Care Assistant (HCA) 5 Days of Class – 2 Days of Clinical
- Dementia/Alzheimer’s (AD) Daytime Classes 3 Days

January 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				HOLIDAY 1	2	3
4	5	6	7	8	9	10
11	HCA 12 8:00-5:00	HCA 13 8:00-5:00	HCA 14 8:00-5:00	15	16	17
18	HOLIDAY 19	HCA 20 8:00-5:00	HCA 21 8:00-5:00	22	23	24
25	HCA 26 8:00-5:00	HCA 27 7:00-3:00	HCA 28 7:00-3:00	29	30	31

February 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	EP 8:30-3:30	EP 8:30-3:45	EP 8:30-3:30	5	6	7
8	EP 8:30-3:15	EP 8:30-4:30	11	12	13	14
15	HOLIDAY 16	PCA 17 8:30-2:45	PCA 18 8:30-3:45	19	20	21
22	PCA 23 8:30-3:30	PCA 24 8:30-3:30	PCA 25 8:30-4:30	26	27	28

PHONE 479-751-3043 OR 888-866-8991

Class dates are subject to change. Please call to verify



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March 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	HCA 2 8:00-5:00	HCA 3 8:00-5:00	HCA 4 8:00-5:00	HCA 5 8:00-5:00	6	7
8	HCA 9 8:00-4:30	HCA 10 8:00-4:00	HCA 11 7:00-3:00	HCA 12 7:00-3:00	13	14
15	16	17	18	19	20	21
22	EP 8:30-3:30	EP 8:30-3:45	EP 8:30-3:30	EP 8:30-3:15	EP 8:30-4:30	28
29	AD 8:30-2:45	AD 8:30-3:00				

April 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 AD 8:30-2:45	2	3	4
5	6	7	8	9	10	11
12	PCA 13 8:30-2:45	PCA 14 8:30-3:45	PCA 15 8:30-3:30	PCA 16 8:30-3:30	PCA 17 8:30-4:30	18
19	20	21	22	23	24	25
26	EP 8:30-3:30	EP 8:30-3:45	EP 8:30-3:30	EP 8:30-3:15		

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May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 EP 8:30-4:30	2
3	4 PCA 8:30-2:45	5 PCA 8:30-3:45	6 PCA 8:30-3:30	7 PCA 8:30-3:30	8 PCA 8:30-4:30	9
10	11	12	13	14	15	16
17	18 HCA 8:00-5:00	19 HCA 8:00-5:00	20 HCA 8:00-5:00	21 HCA 8:00-5:00	22	23
24	HOLIDAY 25	26 HCA 8:00-4:30	27 HCA 8:00-4:00	28 HCA 7:00-3:00	29 HCA 7:00-3:00	30
31						

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 AD 8:30-2:45	4 AD 8:30-3:00	5 AD 8:30-2:45	6
7	8	9	10	11	12	13
14	15 EP 8:30-3:30	16 EP 8:30-3:45	17 EP 8:30-3:30	18 EP 8:30-3:15	19 EP 8:30-4:30	20
21	22 PCA 8:30-2:45	23 PCA 8:30-3:45	24 PCA 8:30-3:30	25 PCA 8:30-3:30	26 PCA 8:30-4:30	27
28	29	30				

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July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	HOLIDAY 3	4
5	6	7	8	9	10	11
12	13 EP 8:30-3:30	14 EP 8:30-3:45	15 EP 8:30-3:30	16 EP 8:30-3:15	17 EP 8:30-4:30	18
19	20 PCA 8:30-2:45	21 PCA 8:30-3:45	22 PCA 8:30-3:30	23 PCA 8:30-3:30	24 PCA 8:30-4:30	25
26	27	28	29	30	31	

August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 HCA 8:00-5:00	4 HCA 8:00-5:00	5 HCA 8:00-5:00	6 HCA 8:00-5:00	7	8
9	10 HCA 8:00-4:30	11 HCA 8:00-4:00	12 HCA 7:00-3:00	13 HCA 7:00-3:00	14	15
16	17	18	19	20	21	22
23	24 AD 8:30-2:45	25 AD 8:30-3:00	26 AD 8:30-2:45	27	28	29
30	31					

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September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	HOLIDAY 7	8	9	10	11	12
13	EP 8:30-3:30 14	EP 8:30-3:45 15	EP 8:30-3:30 16	EP 8:30-3:15 17	EP 8:30-4:30 18	19
20	PCA 8:30-2:45 21	PCA 8:30-3:45 21	PCA 8:30-3:30 23	PCA 8:30-3:30 24	PCA 8:30-4:30 25	26
27	28	29	30			

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	EP 8:30-3:30 5	EP 8:30-3:45 6	EP 8:30-3:30 7	EP 8:30-3:15 8	EP 8:30-4:30 9	10
11	PCA 8:30-2:45 12	PCA 8:30-3:45 13	PCA 8:30-3:30 14	PCA 8:30-3:30 15	PCA 8:30-4:30 16	17
18	19	20	21	22	23	24
25	HCA 8:00-5:00 26	HCA 8:00-5:00 27	HCA 8:00-5:00 28	HCA 8:00-5:00 29	30	31

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November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	HCA 2 8:00-4:30	HCA 3 8:00-4:00	HCA 4 7:00-3:00	HCA 5 7:00-3:00	6	7
8	9	10	HOLIDAY 11	12	13	14
15	AD.8:30.2:45 16	AD.8:30.3:00 17	AD.8:30.2:45 18	19	20	21
22	23	24	25	HOLIDAY 26	HOLIDAY 27	28
29	30					

December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	HOLIDAY 24	HOLIDAY 25	26
27	28	29	30	31		

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